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GLASS OF 2020

Publisher's Pick Exceptional Grads and graduating amid a pandemic

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THE GARDEN CLUP

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PONTE contents

Cover Features





10TH ANNIVERSARY Pointe Magazine celebrates 10 years of publication





CLASS OF 2020 Publisher's Pick **Exceptional Grads**





10

DOG DAYS OF SUMMER Help local animal shelters recover from shutdown

Pointe Personalities



LINDA

Linda O'Hara, our first 'Healthcare Hero,' Nursing Supervisor at Beaumont Hospital Grosse Pointe









MARGIE

Margie Reins Smith, retired assistant editor and mother of three, with love for reading and gardening

ELLIOT & AVA

Elliot Bowyer, fun and active nearly 1-year-old; Ava Schaupeter, Maire student with a love for family and crafts

GEORGE

George McMillan Graham, outstanding student headed for Northwestern University

MAGGIE

Maggie, a 10-year-old Maltese mix, adopted and happier than ever

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July-August 2020

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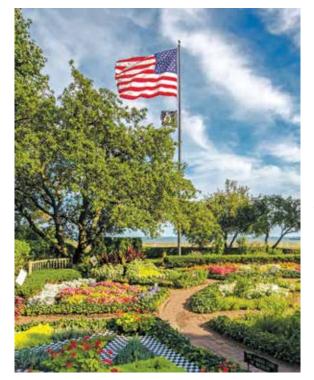
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On the cover



This beautiful photo of Old Glory flying high at The War Memorial by Lisa Vreede Photography is perfect for celebrating both Independence Day and the "Dog Days" of summer with flowers abloom.

Where in the Pointes?



Where in the Pointes is this object? On Monday, July 20, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a gift card to Village Grille. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: The War Memorial Library.)

To find us on Facebook, search "Grosse Pointe Magazine"

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John Minnis Publisher





Lauren McGregor Editor

10 years and #GPSTRONG!

s Gilda Radner made famous, "It's always something." Ten years ago when we were getting ready to go to press with our inaugural issue of *Pointe Magazine* on an Easter Sunday weekend, we got a cease-and-desist letter from a lawyer with offices on the Avenue of the Americas in New York City claiming we could not use a name belonging to his client, *Pointe Magazine*, a publication serving the dancing industry.

This year, while planning our 10th Anniversary issue, which was expected to be our biggest magazine ever, we and the rest of the world were slammed with the COVID-19 virus and business shutdowns across the board. Businesses that are closed don't advertise much, so we were forced to forgo our May-June 10th Anniversary keepsake magazine.

The good news is that with even nonessential businesses reopening, we were able to get enough advertising to make the July-August magazine viable. True, we normally would have done better, but in the middle of a pandemic, we will take what we can get! We are forever grateful to the advertisers who continue to support *Pointe Magazine*, even during a pandemic!

But, you know, although times are tough — especially for those in the restaurant, salon and fitness businesses — we have to count our blessings. So far, everyone in our family is COVID-free. We hope you can say the same. We lost one employee, Barbara Yazbeck Vethacke, early on to the virus, and we dearly miss her. So far, no other work-related cases have come up, thank God, and we will continue working from home until after Labor Day.

At this time, more than ever, I ask you to be sure to patronize our many local, loyal advertisers and businesses, without whom this magazine could not exist and life in Grosse Pointe would not be as sweet.

I normally sign off with, "See you around the Pointe," but you probably won't unless we cross paths in Kroger or the dry cleaners. In the meantime, try to enjoy your summer and see you again in the fall, Lord willing.

Heck, if we have to shelter in place, I can think of no better place to do it than right here in Grosse Pointe! 9

John

he 10th Anniversary issue did not go exactly as planned. Rather than preparing our typical May-June issue, we entered an economic shutdown. As businesses began opening and it was clear we would publish a July-August issue, we puzzled together editorial that would reflect both our May-June features and our July-August.

That's a hefty task, especially when we had hoped to celebrate 10 years of publication in May. In these pages, you will find our 10th anniversary celebration, our annual Publisher's Pick Exceptional Grads, "Dog Days of Summer" content about the Pointes' beloved pets and rescue organizations, the Bayview-Mackinac Race and more.

We are also including an important Independence Day — Juneteenth, the ways in which its meaning is especially poignant this year. I spoke with Grosse Pointes-Harper Woods NAACP chapter president Cynthia Douglas about the current spotlight on the Black community's continued struggle for equal rights and true independence. Her No. 1 request? That this dialogue not end with Juneteenth or the winding down of the marches. That we keep talking, no matter how uncomfortable that may be.

A new feature in our "Pointe Personality" series is "Pointe Healthcare Hero." In this issue, we feature our first Healthcare Hero, Linda O'Hara, a nursing supervisor who has served the community for 40 years and calls the pandemic one of her greatest challenges. We cannot thank her enough for her service and wish her a happy retirement later this year!

What a time to be celebrating 10 years of publication. Though few of the events we hoped to take part in and publicize are happening this year, we have never been more encouraged and inspired by the unity in the Pointes. It is important now, more than ever, to shop, dine and donate locally.

As the Grosse Pointe Chamber of Commerce says, we are proud to be #GPSTRONG as we enter our next decade! 9

Lauren



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POINTE | healthcare hero



Name	Linda O'Hara	
Age	70	
City	Grosse Pointe	
Occupation		RN, Nursing Supervisor,
		Beaumont Hospital, GP

Linda's Favorites

Season

Summer

Book

Hard to choose — I read mostly novels, one to two a week

Music Genre 60s and 70s rock

Movie

Casablanca

Spot in Grosse Pointe Neff Park

Restaurant

Kruse and Muer, Sidestreet Diner

Food

Fish and seafood

Vacation Manila, Philippines and Disney World

About Linda

"I grew up downriver, went to Harper Hospital for nursing school, married and lived in California for four years. When we came back 45 years ago, we moved to Grosse Pointe. I have lived here ever since.

I love spending time with my family (children, Kelly and Keith) and friends. I will spend my retirement with them and also gardening, traveling and enjoying my grandchildren."

What is your favorite thing about living in Grosse Pointe?
I love the closeness of everyone in the community, the lake and the parks.
Why did you become a healthcare worker?
Ever since I was young, I wanted to take care of people and be a nurse.
How long have you been working in healthcare?
Fifty years. I am retiring in August. This pandemic has been one of the most challenging of my career.
What is most fulfilling about your work?
Helping patients get through their illnesses and recover from surgery
What is most difficult about your work?
Supporting families and their loved ones who are dying

What is one thing most people don't know about you?

I love having theme parties, about six or seven times a year and cooking all my food from scratch

What accomplishment are you most proud of?

Beside raising two great children, also becoming a nurse, working as a team with other great nurses whom I have gotten so close to that they are my second family

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Donations and sponsorships still needed for Rounds 'Fore' Rescue



By Susan Bollinger

hen "Guppy Puppy" came to Detroit Dog Rescue, "His legs were splayed due to a developmental condition called Swimmers Syndrome," says Janet Peppler, president of the board of directors of Detroit Dog Rescue. Peppler and her crew arranged veterinary care, medical rehabilitation and a foster home for Guppy. After several months, "Guppy strengthened his muscles, learned to walk, then run and was adopted into a wonderful home," reports Peppler.

At Detroit Dog Rescue (DDR), the cost of care for a dog can be as high as \$10,000. The organization works closely with Detroit Police, the Detroit Fire Department and Detroit Animal Control to be there for animals in desperate situations. "We respond to emergencies, when dogs are burned in fires, hit by cars and need extended veterinary care," Peppler explains.

Throughout the COVID-19 crisis, DDR didn't let up on their lifesaving work, although donations dwindled and fundraising events were canceled. "The dogs continued to need us," says Peppler.

The organization hopes to replenish funds through their annual golf outing on Aug. 10, "Rounds 'Fore' Rescue." Held at Lochmoor Golf Club, the event is sponsored by Peppler, who owns The Peppler Insurance Agency in Harper Woods, and her husband Jerry Gadette.

Spots for golfers were sold out by early June, but animal lovers can still support the organization and the event without lifting a club. Hole sponsors are recognized with a sign on the course for just \$100. "We're also looking for donations for the auction and raffle. Many of our donations in previous years came from restaurants, but many just aren't able to do that this year," says Peppler.

DDR will soon renovate a donated building to better serve their human and animal friends, and is seeking manpower and benefactors to make that possible.

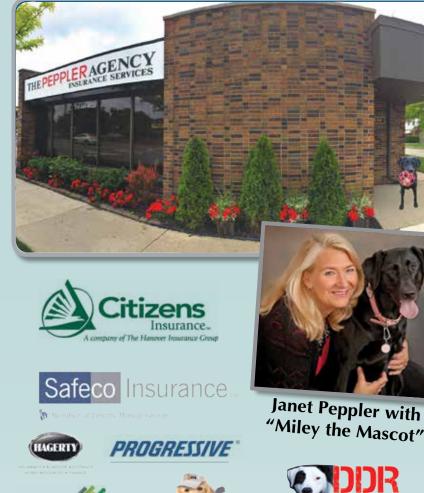
To lend your support, contact Janet Peppler at jpeppler@peppleragy.com. Learn more about Detroit Dog Rescue at www.detroitdogrescue.com. P Clockwise from top left, Guppy Puppy; Janet Peppler; rendering of new DDR building

Photos courtesy of Detroit Dog Rescue

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TAKE AN IN-TOWN VACATION AT MIKE'S ON THE WATER CELEBRATING ITS 10TH SEASON









By Susan Bollinger

ow in its 10th season, Mike's on the Water in St. Clair Shores — where Key West and the East Coast meet — has experienced exponential growth over the past decade.

"We opened with 120 seats in 2011," says owner Mike LeFevre. "There was a main bar, small patio room and a little deck. Since then, we've added an outside bar and deck, a floating dock, expanded kitchen, ice cream truck, family dining room, rooftop deck bar and a food truck on top of the rooftop deck. Our menu grew from 24 items to 72, and seating to more than 300. On summer weekends, we'll serve 2,500 people."

The waterfront restaurant and bar traditionally opens the first day of spring and closes at the end of October.

"Two years ago, on opening day, we unlocked the doors at 11:30 a.m. and had over 100 people waiting in line. I greeted every one of them, and we were filled up within 10 minutes," says LeFevre. "That was the proudest moment in my 50 years in the restaurant business." Mike's on the Water is LeFevre's third restaurant on the Nautical Mile.

This season offered unexpected challenges due to COVID-19, and at times, doubts the restaurant could open at all. Initial plans for a 10th season celebration included a new museum and banquet center, but both are on hold. The restaurant opened for dining in mid-June with a limited menu and a plan for increased safety.

"We're serving the most popular favorites, the items that make the most

sense," says LeFevre. Like Mike's hands-down, bestselling item, the perch, and the runner-up, Mike's stuffed burger.

Patrons come to one of two hostess stands depending on their wishes to dine inside or outside, keeping foot traffic to a minimum. The deck, reports LeFevre, "looks spectacular

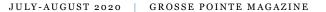
with the tables spaced six feet apart."

While LeFevre loves his customers, it's his treasured staff of more than 150 who were the driving force behind the 2020 opening: "I have employees who have been with me since the early 1980s. I want them all to be able to work."

At Mike's, the vibe is "cool, comfortable, casual and cozy." As anyone who has ever dined at Mike's knows, it feels like being on vacation.

"It's time to have some fun," says LeFevre.

For more information, visit www. mikesonthewater.com or on Facebook, www.facebook.com/mikesonthewater. 9





Mike LeFevre



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atience and flexibility wins sailboat races — patience to wait for unfavorable conditions to change and flexibility to react nimbly when they do. Veteran sailor and 2020 Bayview Mackinac Race chair, Chris Clark, has embraced that same strategy to save the 96th consecutive sailing of the Bayview's classic race during the COVID-19 pandemic.

There have been plenty of challenges to test Clark's patience, but as this magazine went to the printer, the Bayview Mackinac Race still was scheduled to start on Saturday, July 11.

The race usually has two courses – the 204-nautical mile Shore Course that follows the Michigan shoreline from lower Lake Huron to Mackinac Island and the longer (254 nautical miles) Cove Island Course that takes competitors around a buoy in Canadian waters in the northern lake. Generally By Ted Everingham

speaking, the larger, faster boats sail the longer course, and roughly half the fleet competes on each course.

However, with the United States-Canadian border closed to nonessential travel since March 21 (now extended to July 21), Bayview announced in early June that the Cove Island Course would not be used this year and all boats would sail the shorter Shore Course. About the same time, Chicago Yacht Club canceled its race to Mackinac that had been scheduled for the weekend after the Bayview contest. Those two events led the owners of a number of the larger boats to decide not to sail the Bayview race, and the continuing border closure meant that Canadian boats could not legally get to the starting line in U.S. waters.

A smaller fleet (fewer than 120 paid entries at press time for an event that usually attracts well over 200) means fewer entry fees. Chris Clark and his team took steps to preserve the 2020 Bayview Mackinac Race with less revenue and frequently changing pandemic restrictions. Among other things:

• Fewer volunteers will be on the starting line and a 75% reduction in the number of volunteers on the Island.

• Finish times will be recorded electronically, using the GPS tracking transponder on each boat to save the expense of deploying and retrieving the usual finish line buoy.

• Because of crowd size and social distancing rules, there will be no awards party on the Island, but Bayview is working with the Grand Hotel to be able to present winners' flags while observing pandemic restrictions.

Nothing is certain this year, but it seems likely that the Patience and Flexibility Strategy has saved the 2020 Bayview Mackinac.

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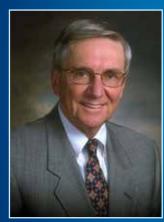


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at home in the Pointes

By Susan Bollinger

aven't you always wondered about the secrets your home holds in its walls? When Erica Phardel renovated her 1938 Grosse Pointe Farms bungalow, the house revealed a few of them.

"We redesigned the kitchen and took out a built-in divider between it and the living room. Hidden under a board were a handgun and tax records dating back to 1938," she says. The documents ended suddenly, the same year the owner died from an alleged suicide. His wife and two sons — one reportedly born in the breakfast nook - lived on in the house. After their mother's passing, the sons sold the home to Phardel in 2007.

"Nothing had been done since the house was built in 1938. Everything was original and remarkably well cared for," she says.

That "clean slate" was an opportunity for the South Lake High School art teacher, who likes "old things." She went for an eclectic, vintage vibe with modern finishes to honor the home's age.

At a little over 2,000 square feet, the house has five bedrooms and, now, two baths. Graceful curved woodwork



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POINTE | feature







and a handsome living room mantel needed no attention. Other rooms like the first-floor bath — required only a fresh coat of paint. But most rooms were ready for some work.

Basement renovations started with a key modernization: "The owner never had a clothes dryer, so we installed venting and a dryer right away."

The kitchen was inspired by a unique choice of abalone shell backsplash tiles. Phardel's architect uncle came up with the idea to extend the refrigerator into a kitchen closet. While it made the closet shallower, it allowed a full-size appliance to fit flush with the cabinets, built by Phardel's father.

Photos by Don Schulte Photography

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"I collected old yard sticks from a store in Eastern Market, garage sales and eBay," she says. "The phone numbers — like '9 R 2,' reflect the time." They now comprise a one-of-akind backdrop for the kitchen clock.

Just one of the three second-floor bedrooms was finished. The other two were still "only framed in — not even drywall, and just a subfloor," says Phardel.

A windowless closet on the second floor became a new bathroom with a skylight. A European-style, wall-mounted toilet and slim sink make the most of the space. The result, completed with tiles from three different stores, is bright and contemporary with conveniences like a steam shower and heated floor.

Together with her daughters, a

senior at South and an eighth-grader at Brownell, Phardel continues to work on final touches, always with an eye to the house's history and ears open for more hidden stories.



Photos by Don Schulte Photography



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POINTE | senior



What was your first job?

Teacher of English and history for seventh- and eighthgraders in Livonia, Mich. What did you want to be when you were growing up? An airline stewardess What is the best trip you've ever taken? Scotland and Hadrian's Wall in northern England What is the most historical day in your lifetime? The days when each of my three daughters was born What accomplishment makes you proudest? Writing ability; sense of humor; wonderful family even if they're kind of goofy What do you miss about being a kid? Going outside to play and not coming home until the street lights come on What's one thing you would like to learn? To play the violin or viola Words to live by? Treat others as I would like to be treated.

Name	Margie Reins Smith	
Age	80	
City	Grosse Pointe	
Occup	ation before retirement	
Assista	nt editor, Grosse Pointe News	

Margie's **Favorites**

Season Spring and fall **Movie** Out of Africa Food Lean ribeye steak, medium rare Restaurant City Kitchen Book The Sound and the Fury by William Faulkner Vacation The Cotswolds Activity Reading **Musical Artist** Luciano Pavarotti Dessert Moose tracks ice cream

About Margie

Margie is mother to three daughters — Stephanie, Sandy and Jenny. She most enjoys spending her time reading, playing the piano and gardening.

"I loved my job, but I really love retirement. I no longer have to get up when it's still dark outside and I can stay out long after the streetlights come on."

POINTE | caregiver

Senior care in era of COVID-19

By John Channing

ver the last few months, we have seen our lifestyles radically altered and we are all still wondering what normal will look like in the near future. The economy is starting

to open back up and if they haven't already, people will be returning back to work soon.

During this time, many people had to assume the caregiving responsibilities for their loved ones, and now they need to



make arrangements for the continuation of this care.

Understandably, people are reluctant to place their elderly parents into a senior community situation as these communities are the places hardest hit by the virus. Additionally, these places are all on lockdown and will presumably be for the foreseeable future. This means that your parents may be confined to their rooms and you will not be allowed to visit to check on their well-being.

Of course, we are also concerned about having outsiders enter the home to provide care. Weighing the pros and cons can be difficult. A senior community is usually less expensive than homecare, but the employees are coming into contact with numerous people, some of which are COVID positives. While homecare is hour-for-hour more expensive, it may be the safer alternative. Homecare providers are not exposed to nearly as many risky situations and therefore have a lower rate of infection.

As we begin to restart our lives, it is important to remember that this is a new "normal." Homecare is becoming more and more popular for those wishing to minimize the risk for their elderly loved ones. It only makes sense.

John Channing is owner of BrightStar Care of Grosse Pointe/Macomb. He can be reached at (586) 279-3610 or john. channing@brightstarcare.com.



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An unfortunate story

By Jon B. Gandelot

hile I'm not using their real names, this story is true. About 20 years ago, I prepared an estate plan for a couple I will call Jack and Jill. Jack was working for an automotive supplier. Life was good.

The plan met all of their objectives

at the time. In spite of annual invitations to review their estate plan, I did not see or even talk to Jack or Jill since the initial planning and execution of their documents was completed.



This past May I received a frantic call from Jill. Jack had suffered a stroke and was hospitalized, paralyzed on his right side and unable to speak. Jill wanted to know whether they had a power of attorney so she could access Jack's bank and brokerage accounts.

They did have a durable power of attorney that I had prepared 20 years earlier. However, the law regarding the execution of durable powers of attorney had changed in Michigan and was not in compliance with the current law. In addition, one of the financial institutions balked at honoring an "old" power of attorney, which is not unusual in my experience.

This sad situation illustrates that an estate plan is only a "snapshot" of your goals at the time it is prepared. What is important is that the plan actually works at the time of a disability or death. That's why regular reviews are critical. Protect your family by being prepared with proper documents that reflect your wishes and desires for those you love.

Jon B. Gandelot is senior counsel at Trowbridge Law Firm, P.C., with offices in Detroit and Grosse Pointe.

POINTE | fitness

It is trying times we live in

By Ken Welch

own Pointe Fitness and Training in Harper Woods. We've been locked down the last three months and, hopefully, by the time this magazine arrives on your

doorstep, our members will finally be allowed back to work out.

Like every business owner that was forced to shut down, there's relief that we can start getting



back doing what we do but also a dread in bracing for the challenges of recovery. Conforming to procedures and guidelines that are now requirements and asking ourselves, is it enough?

People made honest efforts doing online workouts in their basements, living rooms, garages and yards. I've had people tell me they've finally, for the first time, started walking regularly outside.

But the No. 1 question that was still getting asked: "When's the gym going to open?"

Seems true, "You don't know what you have till it's gone." Sure, you can make do working out with shopping bags filled with soup cans in your TV room, but it's not the same as going to a gym that has a variety of great strength equipment, really nice treadmills and classes shared with other motivated people — even with social distancing. Zoom was fun, but didn't it get old?

You can eat but restaurants give you what you can't get at home. Bars and salons, the same. No home workout beats the feel and the sound of a good gym. I think there's a new appreciation for that.

I think I speak for all of us that own businesses: It's great to be back.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.



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POINTE | feature

Peggy's Picks





By Peggy Kitchel Assistant Director, Grosse Pointe Public Library

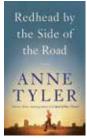
he nature of everyday life has changed dramatically. And who knows what the future will look like. I do know that the Grosse Pointe community is resilient and will summon its strength, resourcefulness and determination to keep thriving. No matter what is going on in the world, a good book can be a welcome escape and can bring a little joy to our lives.



It's Not All Downhill From Here

By Terry McMillan Lo Curry runs a beauty salon that gives her satisfaction. She has a husband, who gives

her happiness, a daughter, who has troubles, and a son, who is overseas with his family. She has a happy life. Then an unexpected loss turns her world upside down. Lo uses everything she has to keep going, pursue joy and find a new way forward. The tragedies Lo faces are part of everyday life for millions of us. Like Lo, we can all use a little help from our friends.



The Redhead by the Side of the Road

By Anne Tyler Micah is a creature of habit and he seems content with his routineoriented life. When the woman in his life faces eviction and a teenager

shows up on his doorstep claiming to be his son, his carefully structured life is upended. Soon, he finds himself rethinking his place in the world. Tyler's new novel is a joyful, deeply compassionate story about seeing the world through new eyes.



Humankind By Rutger Bregman For thousands of years, Homo Sapiens lived in harmony with nature and the community. The author believes we are hardwired for

kindness, geared toward cooperation and are inclined to trust one another. When cities are bombed or boys are shipwrecked on a remote island, cooperation and communal spirit are the norm. If we believe in humanity's kindness and altruism, we can build a foundation for creating a true change in society. A powerful argument in favor of human virtue.



Oona Out of Order *By Margarita*

Montimore It's New Year's Eve

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countdown to the New Year begins, Oona faints and awakens 32 years into the future. Hopping through decades, pop culture fads and much-needed stock tips, Oona is still a young woman on the inside but ever-changing on the outside. Who will she be next year? An inventive story about the burdens of time, the endurance of love and the power of family.



Camino Winds

By John Grisham Welcome to Camino Island, where anything can happen, even murder in the midst of a hurricane. Bookseller Bruce Cable and his friends investigate the

suspicious death of author Nelson Kerr. Bruce begins to wonder if the shady characters in Nelson's novels might be more real than fictional. Nelson's unpublished novel may hold the key to his death. What Bruce discovers there is shocking and dangerous. Be prepared to be swept away to paradise for a little sun, sand, mystery and mayhem...the perfect escape.



Big Summer

By Jennifer Weiner Daphne is shocked when her ex-best friend asks her to be maid of honor at her wedding. Letting glamorous Drue back into her life is risky,

but it comes with an invitation to spend a weekend in a waterfront Cape Cod mansion. Drue never could hold onto friends. Daphne has to decide whether to help the friend who treated her cruelly so many years ago. A sparkling novel about the resilience of the human heart.

Top photo by Jeffrey Sauger, courtesy of GPPL



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POINTE | financial planner It's a VUCA world

By Lina Bowman

UCA stands for volatility, uncertainty, complexity and ambiguity. Its roots stem from the U.S. military in the late

1980s to describe the world after the end of the Cold War. It has also been used more recently by business strategists and leaders to help navigate the



rapidly changing world we live in.

VUCA certainly describes our lives during this coronavirus pandemic and the profound effect it's having on every aspect of our lives — the way we live, work and plan. As it relates to our financial lives, utilizing this concept has never been more relevant.

Volatility is not new, and although we've had an unprecedented bull market for the past 11 years, this year has certainly been a rollercoaster. We can remember financial ramifications from the 2008 financial crisis, as well as the dot com bubble of 2000-2002. We've all lived through some of the toughest financial times and with these times have come important lessons we can and should learn from.

One of the most important of these lessons is that it is critical to have a predictable and sustainable income, at any age. Creating an income for yourself in retirement or creating financial security as a legacy for your loved ones can be obtainable, but planning is needed.

One way to reduce the stress of VUCA in our financial lives is to find a way to create certainty in spite of the chaos. A comprehensive financial plan can help you do this.

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@ BowmanAsset.com.

Motto for 2020: Be prepared

By Anna Bartolotta

s we can all tell, in the year 2020 life can change in the blink of an eye. Just one blink. Are you properly prepared for those life-changing moments whether it be professional or personal? Think about that for one moment.

I am not speaking of life insurance that would protect your family in case something happened to you. I am speaking

of the little

moments in life



like the things that, if possible, you can have ready to go in case of emergency. It could be as simple as "Do I have a spare key to my rental property in case of a flood?" or "Where is my spare car key?"

It is impossible to be prepared for everything life can throw at us, but having the main game in place to make sure you are organized and ready goes a long way in keeping sane and keeping calm when life strikes.

We all could be walking through life and stub our toe on something just as well as anyone else could. For example, your tenant's employment is no longer available or the company has relocated them to another state.

This new position for them is lifechanging for you as well. What is your plan? In simplest of terms, you roll with the punches and find yourself another tenant stat.

Days spent arguing or complaining about the circumstances are just days wasted that you could have been finding your new tenant. Being prepared is my motto for 2020.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's original dedicated, full service, full time rental agency staffed with licensed agents.

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It's all about tools

By Dr. Saima A. Khan

he events of the last several months have made most of us adjust to new ways of living, including taking care of our health. Seeing your doctor in person is not as easy as before.

Telemedicine visits are convenient

and very helpful, but you have to do more to monitor your health yourself — especially if you have chronic conditions.

Invest in tools to monitor your own vital signs;



they are affordable and easy to use.

Of course, an accurate thermometer is important. Get a scale. Gaining weight can put you at risk for high blood pressure and diabetes. Obesity is also a risk factor for many cancers as well as for COVID-19 infections.

Conversely, unintentional weight loss can indicate the presence of bowel or thyroid issues as well as cancer.

If you have hypertension, invest in a blood pressure monitor with a cuff that is well fitting (not too tight) and sits over the upper arm (NOT the wrist). Most devices also report your heart rate.

A "pulse oximeter" is a device that fits over a finger and measures the "oxygen saturation" (how much oxygen is in your blood) is useful to monitor emphysema or COPD and even COVID-19.

Ask your doctor which tools are best for you, when and how often you should use them and what your specific readings and range should be.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.

POINTE | dermatologist

Virtual dermatology

By Dr. Meredith Price

ometimes it can feel that our lives have been upended by the COVID-19 virus. We have all certainly had to make adjustments for the greater good. But there are some things that you just should not put off. This includes any medical

concerns you may have.

At Hamzavi Dermatology Grosse Pointe, we are offering teledermatology. You can have a "virtual visit" with us from your home!



This is done via a live, interactive video chat. Prescriptions can be sent electronically to your pharmacy. Most insurances have waived copays, and these visits can be billed to your insurance, just like for a regular office visit.

Tips for a successful teledermatology visit:

• Ask what is the best way to get your photos to us. Video calls are great for discussing your condition, but photos are the best way to see your skin.

• If you are new to video calls, do a trial run with friends or family.

• Try to minimize background noise.

• If you are using a cell phone, move to a location where you have a good signal.

• Be patient. New technology has brought great advances to healthcare. Occasionally, there will be hiccups, but the overall goal is better health and access for all. If you need assistance, do not hesitate to call the office for help.

Meredith Price MD FAAD leads Hamzavi Dermatology Grosse Pointe. Online at hamzaviderm.com, on Instagram @gpdermdoc, on Facebook @HamzaviDermGrossePointe. JoinUs Hamzavi Dermatology

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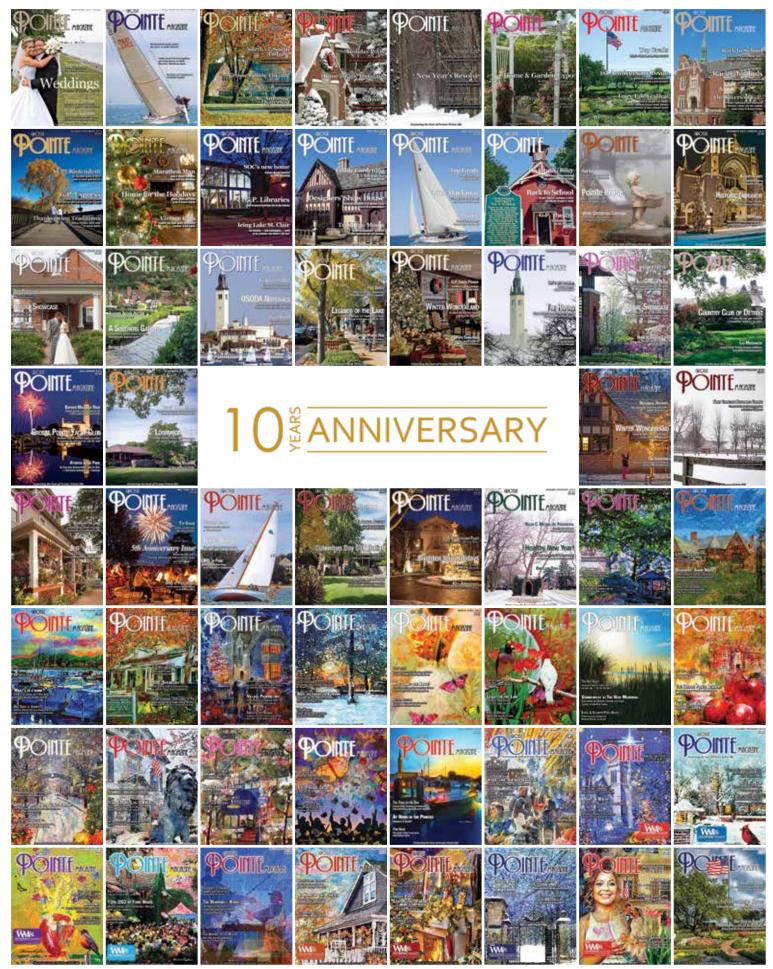


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JULY-AUGUST 2020

GROSSE POINTE MAGAZINE



Photo courtesy of The Portrait Place

Celebrating a decade of publication

By Lauren McGregor

t was 2009 and John and Terry Minnis wanted to offer a new publication to the community. But what? With the closing of the *48236* and *48230* magazines published by the Detroit Newspaper Partnership, they found the niche they could fulfill. So in May of 2010, a magazine dedicated to "Featuring the best of Grosse Pointe life" was born.

Some thought the endeavor risky. It was, of course, in the wake of the 2008 financial crash — and it was a print publication to boot.

To the Minnises' joy, the response was immediate and overwhelming. Businesses and organizations committed to advertising in the publication — John's nearly 20 years as editor of the Grosse Pointe News was all the pitch they needed to hear.

A large number of those who advertised in the first issue have remained advertisers and fervent supporters to this day. We — family members and wrangled friends delivered that first issue on foot. It took a month. That's how I learned every street of the Pointes. That's also how the Minnises decided to find a distribution company to deliver future issues if the magazine!

Over the years, other publications and events sprang from the *Pointe Magazine* fountain: *On Pointe*, *Detroit River Living*, *Insider's Guide to the Pointes*, even bridal shows.

There is a lot to celebrate and document in the Pointes and time and again, the Minnises strove to be at the helm of this coverage.

Of these countless stories, *Pointe Magazine* has committed to telling the most positive of them. In doing so, we have had the pleasure of partnering with some of the most outstanding and charitable organizations, individuals and business owners anywhere.

Their support has made this publication possible, and their congratulatory messages are featured on the following pages.

The past 60 issues also would not have been possible without our

contributing writers, photographers, designers and sales representatives, who are united in the common mission to celebrate life in the Pointes.

All of us here at *Pointe Magazine* extend a heartfelt thank you for reading, for subscribing, for advertising, for sending us your story ideas and your pet photos.

We look forward to sharing this community's stories for the next 10 years and beyond.

"Of course, we couldn't have done it without our editor and niece, Lauren McGregor," John and Terry acknowledge. "Since we took over the Grosse Pointe News nearly three years ago, Lauren has pretty much run the magazine, assigned and edited stories and did all the layouts. It is her skills and conscientiousness that has kept the magazine a keepsake, coffeetable publication cherished by Grosse Pointers. Thank you, Lauren!"

As John often tells people, "The magazine is one of those things that turned out way better than you had hoped."

10th Anniversary Congratulations from longtime supporters and community members

The War Memorial is proud to partner with Pointe Magazine and congratulates them on 10 great years of business! There truly is no better place for our Live Inspired publication to live. They are a gem of a magazine and only aim to make our community that much brighter!

"The best local/regional publication I've ever seen. We always read it cover to cover and always see articles or features on people or businesses we know. Look forward to seeing things that are familiar to our community. We love it." — Stephen Schroeder, Trade First

Crowther Carpet & Rugs was Pointe Magazine's first advertiser and continues to advertise due to customers' response. (Now Rug Imports/Crowther Carpet & Rugs) — Kevin Crowther "Pointe Magazine has been an integral part of our Marketing Plan. Grosse Pointe Theatre can rely on the magazine to get the word out about our upcoming shows and we always get ticket sales as soon as the magazine hits homes! Congratulations to John, Terry and the entire editorial team on your 10th anniversary!" — Linda Zublick, Executive Director, Grosse Pointe Theatre

Small town ... big time magazine! With a family atmosphere! Thanks, John and Terry! — Mike LeFevre

Ford House, the historic estate of Edsel and Eleanor Ford, owes much to our friends at Grosse Pointe Magazine. This great local publication has written many excellent articles about Ford House, telling the Ford House story and keeping Grosse Pointers connected to all they can experience and enjoy on the estate. We are continuously impressed with the quality of the stories Pointe Magazine tells and we applaud the value the publication has brought to the whole community over the last 10 years. Congratulations to Grosse

10 years. Congratulations to Grosse Pointe Magazine! — Ford House Staff and Board of Trustees

"Congratulations on the 10th anniversary of Grosse Pointe Magazine! As soon as the magazine is delivered, I read it from cover to cover. You have increased the awareness of so many Grosse Pointe assets, whether they are buildings, schools, churches or organizations — and most importantly, people! You have created a treasure in the community, truly a labor of love. Thank you for all you do to raise the awareness of the Grosse Pointes and their residents." — Lisa Mower Gandelot

"Pointe Magazine is one classy publication, plain and simple. It is incredibly reflective of our community. John, Terry, Lauren and the entire staff, you had a special vision, and you brought it to life. You should all be beaming with pride! Any community would be fortunate to have such a beautiful work of art. Congratulations on this special anniversary!" — Kimbriel Towar, the little Blue Book -66

Congratulations to John and Terry Minnis and their entire team on the occasion of Pointe Magazine's 10th anniversary. This locally produced magazine provides a relevant and positive voice that celebrates residents, showcases businesses and strengthens the community. May you continue the good work for years to come! — Sheila Tomkowiak, City of Grosse Pointe Mayor



"Pointe Magazine has been a wonderful addition to the community, informing everyone of the beauty of the Pointes and its people. The Helm has appreciated all of the support Pointe Magazine has provided over the years as media sponsor for many of our events, but mostly for sharing what we do here at The Helm. Congratulations on 10 years and best wishes for another 10!" — Peggy Hayes, The Helm Life Center

"Pointe Magazine has been a wonderful, quality table top magazine to enjoy with pride, the many beautiful aspects and close-knit relationships within our community. Thank you, John and Terry Minnis, for filling a void with this community connection. Happy 10th Anniversary!" — Janet Peppler Small businesses are the backbone of our community and that backbone includes the family-owned Grosse Pointe Magazine. Pointe Magazine's priorities lay with family and friends while showcasing community spirit through positive stories about hometown heroes, special events and unique places while also highlighting local businesses. Thank you, Grosse Pointe Magazine: John & Terry Minnis, Lauren McGregor and the Pointe Magazine family! — Jennifer Boettcher, Grosse Pointe Chamber of Commerce

Pointe Magazine and their staff have been a very large part of our community. I am very impressed with how they have kept involved with the wide variety of local happenings in our hometowns. They have highlighted our students for their outstanding accomplishments, they have highlighted our businesses for their involvement in our districts, they have given great coverage to our fundraisers and the causes they support. All said, this is why I advertise with these fine people every issue. John and Terry are absolutely terrific people. – Daniel E. Curis

"Grosse Pointe Magazine: A classy magazine for a classy community. Congratulations on your 10th Anniversary. Here's to many more." — Your friends at Racing For Kids I love seeing Pointe Magazine on my front door step! I love reading about people in my community and learning that we are surrounded by amazing people that do amazing things. It makes me feel proud to live in Grosse Pointe. — Melissa Cavaliere

"We live in a community flush with great people and organizations who support one another! I appreciate Pointe Magazine for highlighting this fact every month. It reminds me how grateful I am to live and work here!" — Beth Vernon

"The Grosse Pointe Public Library values all the community information in each issue and appreciates the support you give the Library throughout the year. Congratulations and here's to the next 10 years."

Happy 10th anniversary! I love looking through Grosse Pointe Magazine. As a resident, I like looking through to keep up to date with activities (for both myself and kiddos) along with all the fun happenings around town. As a contributing columnist, I love the ability to provide accurate information from a board certified dermatologist to the community. I hope everyone has found it as helpful as I have found the Pointer to be for me! — Meredith Price MD

Pointe Magazine is a beautiful reflection of the people, places and things I love about our community. — Charles Krasner "As a nonprofit organization, we rely on the information Pointe Magazine provides to give us insight into the needs of the children and families we serve. We are grateful for the news you share on businesses, organizations and residents as this keeps us informed on the community which we are proud to be a part of! Happy 10th anniversary and thank you to Pointe Magazine from Kids On The Go!"

Meet Elliot



Name: Elliot Bowyer	Parents: Dustin & Meg Bov	vyer
Birthdate: August 9, 2019	City: Grosse Pointe	First word: Mama
August 9, 2019	diusse ruille	Iviailia

Cute fact: Elliot loves to grow!! Our dog Hudson growls when he hears things outside and now Elliot imitates him. It was very cute at first, but now we can't get him to stop. It's still hilarious though.

Favorite activity: Since he was about 5 months old he has loved to play "night night" and "good morning!" He will let his head fall to the side and then pop it back up really quickly if we say "night night."

About To Mommy and Daddy's words

Elliot is the absolute light of our lives. He is bright, smart, charismatic, funny (and he knows it), adorable and so many other things. He is ALWAYS on the move so he keeps us on our toes with the way he zooms around the house. His favorite activities include bath time, trying new foods, swinging and a nice warm bottle before nap/bed time. We are so thankful to be Elliot's parents and we are totally in love with him.

Meet Ava

Siblings: Ana, 3

School Subject

Art

Name: Ava Schaupeter

Age: 7

City: Grosse Pointe Park

Parents: Brian & Dana Schaupeter

Favorites

Game Playing fetch with my dog Outdoor Activity Play with my mini car

Vacation **Disney World**

What is your favorite thing about going to school? **Earning my marbles**

What is your favorite thing to do with your family? **Play outside**

Food Butter noodles

School: Maire

Book

Green Eggs and Ham

What do you want to be when you grow up? **Baker and veterinarian**

Who is your hero and why? Grandma Cookie because she's always nice



About Ava

"I like to play outside. I like to do crafts. I love my family. I like jumping on my trampoline."



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Register for 2020 - 2021 School Year Christol DeWaele, *Director* 22150 Marter Road, St. Clair Shores, MI 48080 586.772.4477 www.assumptionnursery.org POINTE | teen





What unique skill do you possess and what skill would you like to learn?

Playing ping pong with my dad is my favorite way to unwind. I would like to learn to play the piano.

If you could have three wishes granted, what would they be?

I would first want all 2020 seniors to have the last quarter of their senior year restored and have graduation events return for them. Then, I would want to see Lionel Messi play in a world cup soccer game.

What did you want to be as a child and what do you want to be now?

When I was 7, I told my mom that I wanted to be a physician or a professional soccer player. Now, I hope to become an orthopedic surgeon.

What accomplishment makes you proudest?

Earning an academic scholarship to Northwestern University is my most significant accomplishment.

Where do you see yourself in five years?

In five years, I hope to be attending a top rated medical school.

Name George McMillan Graham

Age 18

City Grosse Pointe Woods

School Grosse Pointe North graduate,

Northwestern University bound

Parents Douglas and Lesley Graham

George's **Favorites**

Musical Artist Ben Henri TV Show Sports Center School Subject Science Movie Captain America: Civil War Actor/Actress Julie Andrews Book The Bible Vacation England **Extracurricular Activity** Playing the role of Captain Von Trapp in "The Sound of Music" at North last fall

Teacher

I would most like to thank Kareem Hakim, Susan Spears and Emma Huellmantel.

About George

George has two brothers, Andrew, 20, and Douglas Jr. "Mac," 15. In his free time, he enjoys running, singing and playing basketball, soccer, baseball and the guitar.

"I will never forget my high school years because they were filled with friendships, challenges and blessings from many different activities, organizations, teams and experiences. I will always remember Jennifer Sherman, my academic counselor from Parcells through North who helped me navigate it all. While rehabbing my broken leg from a JV basketball game accident, juggling sports, performances and student government, serving at my church, and working at Kroger during the pandemic, I learned to overcome obstacles through perseverance. I know that every good and perfect gift comes from above, so I sincerely thank my Savior, Jesus Christ for His grace upon my life."

TheFamilyCenter

of Grosse Pointe and Harper Woods congratulates Grosse Pointe Magazine on its 10th anniversarv.

Thank you to John and Terry Minnis and their team for supporting our mission to deliver educational and community resources that empower families to successfully navigate life's social, emotional, and physical challenges.

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Class of 2020 reimagines graduation ceremonies

By Lauren McGregor

hough shadowed by a pandemic, the atmosphere of the Class of 2020 high school graduations was anything but morose. Graduates lined up in decked out cars, honking and waving as they made their way to a socially distanced diploma ceremony.

"I really enjoyed the new graduation. I actually liked it better than the traditional way," says Grosse Pointe North graduate Lauren Jackson. "Seeing the community outside all cheering for us was a great feeling."

She describes the opportunity to take a trip through her educational past during the socially distanced parade. "Being able to ride past Mason and see all of my old elementary school teachers was so heartwarming. Then going to North and seeing all of the staff cheering us on through the tunnel really made everything this year brought worth it!" says Jackson, who plans to attend Macomb Community College before transferring to a university to become a nurse.

University Liggett School, unlike North and South's graduation parades, hopes to host some semblance of a traditional ceremony.

"Liggett has been trying their absolute hardest to give us seniors a 'normal' ceremony despite current events," says University Liggett School graduate Rocco Tedesco. "We currently do not have a full picture of what graduation will look like, but I trust that Liggett will make it as normal and memorable as possible."

He talks about hopes for a normal summer as well. "My family and I have pushed my graduation celebration to August in hopes that the pandemic will have slowed down by then and that social distancing guidelines will be looser," says Tedesco, who is headed to Indiana University - Bloomington this fall to study East Asian Languages and Culture.

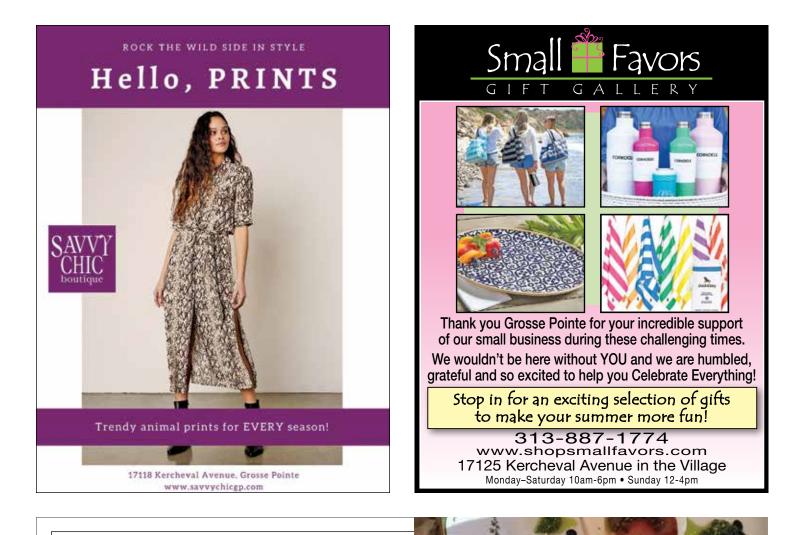
Like Tedesco, Grosse Pointe South graduate Brooklyn Northcross hopes to have a graduation party in late summer. She also had hopes for a traditional graduation ceremony, but couldn't deny the joyous atmosphere of the parade.

"Of course every senior was counting down the days until they could sit on the front lawn and throw their caps in the air surrounded by their best friends since freshman year, but things happen," says Northcross. "I am grateful that we were able to have this celebration, especially since I know several students from around the state who didn't have that same opportunity."

Northcross is especially anxious for a return to normalcy. The Pointe Magazine Publisher's Pick Exceptional Grad is headed to Princeton University this fall.

From top, Grosse Pointe South graduation parade; Grosse Pointe North graduate Lauren Jackson; Grosse Pointe North graduation parade featuring George McMillan Graham's family vehicle; Grosse Pointe South graduation parade

Photos by Renee Landuyt



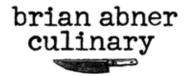


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Publisher's Pick Exceptional Grads 2020

Congratulations to Pointe Magazine Publisher's Pick Exceptional Grads 2020!

Each year, Grosse Pointe Public School System and University Liggett School officials nominate a selection of their highest achieving students, then advise us in narrowing the candidates to six who best exemplify all that Grosse Pointe education and opportunity have to offer.

After much consideration, we are pleased to welcome Audry Rakozy, Andrew Sheffield, Brooklyn Northcross, Imran Siddigui, Tristan Reilly and Darshana Subramaniam into the ranks of Publisher's Pick Exceptional Grads.

The minimum requirements for an 'Exceptional Grad' nomination include a 3.8 grade point average, notable awards, extracurricular activities, community service and leadership roles. Each year, our picks far exceed such requirements.

These individuals are perhaps among our most deserving. They were tasked with completing their senior years amid a pandemic. While their high school careers did not end in the ways they wished, their futures are brighter than any. They are headed to the finest educational institutions in the country, including University of Michigan, Princeton University, University of Pennsylvania, University of Notre Dame and Cornell University. They are leaders in school governments, team captains, activists, engineers and mental health awareness advocates. They raise awareness for social justice and celebrating diversity.

We introduce you to the Publisher's Pick Exceptional Grads of 2020.

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Brooklyn Northcross

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PUBLISHER'S PICK EXCEPTIONAL GRADS

<u>Audry Rakozy</u>



School: Grosse Pointe North Parents: Matthew and Nicole Rakozy GPA: 4.42 ACT: 36 College:

University of

Michigan Degree and career path: I would like to receive a degree in biochemistry and pursue research in genetics.

What notable roles did you hold?

Design captain of the Gearheads, and senior leader of the Polish Roman Catholic Union of America Opole dancers **What are your most notable accomplishments?**

National Merit Finalist, AP Scholar with Distinction, Elks Most Valuable Student Scholarship, University of Michigan Regents Merit Scholarship, FIRST Robotics Dean's List Semifinalist, and 11 Superior MSBOA ratings for string performance **What accomplishment makes you**

proudest? When Liginad reporting Lined no

When I joined robotics, I had no

knowledge about the machining process or how to model the parts ... Through hundreds of hours spent in the machine shop, I was able to learn the software and principles of efficient design well enough to build three machines. All of them went on to win competitions, while in the off season my team won two Dassault Systemes xDesign contests for moon lander and aircraft concepts.

Who is your greatest inspiration?

Mrs. Susan Speirs, because she is a powerhouse of a human being. The energy she brought to her teaching inspired me to consider research.

Photo by The Portrait Place

Andrew Sheffield



School: Grosse Pointe North Parents: Wendy Sheffield and Drew Sheffield GPA: 4.3 SAT: 1560 College:

University of Michigan **Degree and career path:**

I plan to pursue a B.S. in mechanical engineering and a minor in entrepreneurship ... I hope to use these degrees to pursue a STEM-related career that allows me to be innovative. What notable roles did you hold?

Having been a 2-year North varsity soccer captain, captain of the North rocketry team, Freshman Assist mentor, and Sophomore class vice president **What are your most notable accomplishments?**

DECA state finalist, TARC (rocketry) national finalist, MAC White All-Conference/All District, soccer team MVP junior year, Scholar Athlete, National Merit Letter of Commendation, AP Scholar Award, North Academic Hall of Fame **What accomplishment makes you**

proudest?

The proudest moment of my high school career was getting accepted into U of M. I was nervous about getting into their engineering school but when I finally heard back it was like all of my hard work had finally paid off.

Who is your greatest inspiration?

My greatest inspirations are my parents. Since I could walk, they have been getting me involved in various activities and setting an example of what it means to balance work, family and everything else. They inspire me every day and I credit them for everything I have accomplished so far.

Photo by Stewart Fine Portraits

Brooklyn_Northcross



School: Grosse Pointe South Parents: Mark and Lynda Northcross GPA: 4.29 ACT: 34 College: Princeton University

Degree and career path:

I will be studying chemical and biological engineering, with a minor in global health and health policy. I want to go into a bioengineering and biotechnology track.

What notable roles did you hold?

I was one of the lead facilitators for SEEDS (Students Empowering Education for a Diverse Society) where we led weekly dialogues and hosted South's first Culture Week. I was also the supervising page editor of The Tower.

What are your most notable accomplishments?

Iota Sigma Pi's 2020 Outstanding Young Women in Chemistry Award, AP Scholar with Distinction, Evans Scholarship Recipient, William E. Lacey Memorial Community Service Award What accomplishment makes you proudest?

I am proudest of starting Culture Week with SEEDS. As a minority

student who has been through the Grosse Pointe School System, I know how difficult it can be to feel comfortable with your own identity while simultaneously dealing with others who aren't comfortable with it. Though there was backlash from parents in the community, we received a lot of positive feedback from students. I am proud that we were able to create this weeklong event with no precedent, giving us the opportunity to share our voice and support other students.

Who is your greatest inspiration?

The people who inspire me the most are my friends. I admire each and every one as they drive me to be a better human being. Photo by The Portrait Place

PUBLISHER'S PICK EXCEPTIONAL GRADS

<u>Imran Siddi</u>qui



School: Grosse Pointe South Parents: Aamir and Parveen

Siddiqui GPA: 4.2498 ACT: 35 College: University of

Pennsylvania **Degree and career path:** While I do not have a set career path right now, I plan on studying political

fight now, i pian on studyn

Tristan Reilly



School: University Liggett School Parents: Scott and Lan-Huong Reilly GPA: 4.14 ACT: 35 College:

University of Notre Dame **Degree and career path:**

I plan to major in business/finance and major or minor in quantitative data management and analytics. I plan to pursue a career in venture capital or private equity investing.

science and public policy in college. What notable roles did you hold?

I have been editor in chief of The Tower newspaper, a member of Michigan's Association of Student Council's board of student delegates, a head editor of the yearbook, and class of 2020 president since sophomore year.

What are your most notable accomplishments?

Grosse Pointe South Mothers' Club Leadership Award and AP Scholar with Distinction

What accomplishment makes you proudest?

I am proudest of spearheading

Grosse Pointe South's first annual Wellness Week during my junior year. I started this event in order to address the misconceptions and stigma surrounding mental health. I am proud that this event grew even bigger this year, and I hope it continues to start a larger dialogue at South about mental wellness.

Who is your greatest inspiration?

I am a product of the influence of my parents, teachers and friends. One example is my father. His quiet leadership and compassion has had a major effect on the person I am today.

Photo by The Portrait Place

What notable roles did you hold?

I was an assistant captain on the ULS hockey team in my junior year, cocaptain in my senior year, and a captain on the lacrosse team in my senior year. What are your most notable accomplishments?

ULS Merit Scholar, ULS Cum Laude Society, Terrill Newnan Scholar Award, Catholic League All Academic Award, All Catholic League Player Award, and others What accomplishment makes you proudest?

I am proudest of successfully balancing academics and athletics ... of earning the 2020 Catholic League Boys Ice Hockey Scholar-Athlete-Leader Award, which recognizes a player's accomplishments in academics, athletics, leadership and community service.

Who is your greatest inspiration?

My greatest inspiration is my mother. She was forced to flee Vietnam as a 12-year-old girl and was airlifted from atop the U.S. Saigon Embassy just hours before it fell ... Despite not knowing English, she graduated high school on time, went on to earn an electrical engineering degree and became an accomplished artist. Her positive personality and relentlessness have inspired me to pursue my goals and overcome whatever challenges I face.

Photo by Yellow Door Photography

Darshana, Subramaniam



School: University Liggett School Parents: Chandrika Iyer and Balaji Subramaniam GPA: 4.21 ACT: 34 College: Cornell University

Degree and career path: I will pursue a B.S. in industrial and labor relations with minors in psychology and law and society. I hope to attend law school and focus on international labor law. **What notable roles did you hold?**

Elected class officer throughout

high school, Community Development Advocates of Detroit Youth Council member, co-president of Spanish Club, president of Peer-Tutoring and board member of Grosse Pointe Historical Society

What are your most notable accomplishments?

Liggett Merit Scholarship, Mount Holyoke Book Award, Thelma Fox Murray Scholarship, Society of Women Engineers Madame Curie Award for Excellence, among others

What accomplishment makes you proudest?

I am proudest of being a part of Generation of Promise. During my junior year I got to meet with my peers ... to learn about the issues of social justice, race, religion and class in our community and what we could do to change the problems in our lives. I have assisted in the conversations as a senior. Seeing others go through the same life-changing experience is indescribable.

Who is your greatest inspiration?

My mom and sister have been my greatest role models. My mom has worked hard as both a doctor and mother to give me a bright future ... I have never seen my sister give less than 100 percent effort and that is something I continually strive for.

Photo by Yellow Door Photography



Protests and Juneteenth 2020: heightened awareness, action in Grosse Pointe

hile Juneteenth has long been celebrated across the country, the holiday is experiencing a level of publicity in non-Black communities that is unprecedented. In the wake of recent brutalities against Black citizens, much of America is beginning to educate itself on the history of systemic racism in the country. The Grosse Pointes-Harper Woods NAACP chapter president Cynthia Douglas hopes the rising awareness will lead to real change locally.

"This year, Juneteenth has a different meaning," says Douglas. "Because of the Black Lives Matter movement and what African Americans have been experiencing in the last few months, more people are beginning to realize the importance of Juneteenth."

Freedom and equal rights, Douglas says, were purported to be granted

By Lauren McGregor

when the enslaved were emancipated in Galveston, Tex., in 1865, but true freedom is yet to be attained.

"We still don't have equal rights. We need to focus on those injustices," says Douglas. "We need reform, more than within the police force. We need reform in education and health care. COVID-19 made this especially apparent. Disproportionately, African Americans have held positions deemed essential but have not been adequately serviced."

She says that Black Americans want the end of systemic racism, equal treatment under the law and justice for those we have lost. "We, for instance, should not have to train our children how to interact with police."

"How can we, as a society, hear these stories and see these injustices with our own eyes and not make this a turning point? We understand that there are good officers, but we want to ensure that the police protect and serve all equally," she says. The Grosse Pointes-Harper Woods NAACP chapter has made steps toward this reform.

"We have put together an agenda and are meeting with the area precincts monthly," says Douglas. It includes changing and/or updating police procedures to meet the needs of the community, within state and federal guidelines.

Nationally, the NAACP continues the traditional Juneteenth celebration, but this year with the added emphasis of "purpose, power and action."

"It is time to take the blinders off. An open and honest conversation about the African American community is necessary," Douglas says. "A lot of feelings are going to come up: anger, discomfort, guilt."

But the conversation has started, and it must continue. \P



COOKING with GROSSE POINTE YACHT CLUB'S EXECUTIVE CHEF COLBY NEWMAN Poke Bowl

poke bowl is a healthy and flavorful dish to order in a restaurant. But with people cooking at home more than ever, it is also an easy meal to make in

Poke Bowl Serves 6

Ingredients

1 cup carrot ginger dressing (see recipe) or any other desired sauce
1 pound sushi-grade tuna, diced (1/2-inch pieces), or tofu (1/2-inch pieces)
2 cups sushi rice, cooked according to

package instructions (or any rice/grain)

Optional toppings: Grilled pineapple relish (see recipe) Avocado, sliced Cucumber, small dice Scallions, sliced

Edamame, shelled Radish, sliced Wasabi peas, crushed Bean sprouts Sauces: sriracha aioli, eel sauce, sweet soy, carrot ginger dressing

Toasted sesame seed topping

Directions

- 1. In a medium bowl, toss 2 tbs. carrot ginger dressing (or other desired sauce), tuna or tofu, and toasted sesame seeds
- 2. Refrigerate for at least 15-30 minutes to marinate
- 3. Scoop rice into bowls, top with tuna poke and desired toppings. Serve extra sauce for drizzling over the toppings on the side

Carrot Ginger Dressing

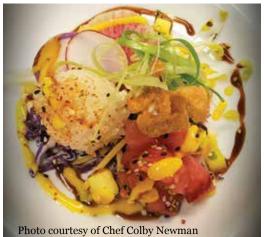
Yields 2-1/2 cups

Ingredients

3 ounces carrot, small dice

your own kitchen. After starting my garden, I thought a poke bowl would be a perfect dish to incorporate all the different vegetables and herbs that grow throughout the season. The carrot ginger

1 ounce ginger, minced
 1/2 cup orange juice
 1/2 cup rice wine vinegar
 1/4 cup sugar
 1-1/2 teaspoon Dijon mustard
 1 cup olive oil (blend)
 Salt and pepper to taste



Xanthan gum to taste (optional)

Directions

- 1. Place first six ingredients into blender
- 2. With the blender running on slow to medium, slowly drizzle the olive oil in thin stream
- 3. Season with salt and pepper
- 4. If using Xanthan gum, add a dash while blender is running on slow. Dressing will tighten slightly

Grilled Pineapple Relish *Yields 3 cups*

Ingredients

1/2 each serving pineapple, peeled,



dressing gives it a bright summer touch. Poke bowls are light while still loaded with protein and healthy ingredients making it a perfect summer dish to enjoy out on your patio while social distancing.

cored and sliced crosswise into 1-inch thick rings

Vegetable oil for brushing pineapple **2 each** green onions, finely sliced **1/2 each** red bell pepper, small dice **1/2 each** green bell pepper, small dice **1 tablespoon** lime juice, fresh **1/2 each** jalapeno, finely diced **2 tablespoons** cilantro, chopped **1/2 tablespoon** oil **1 cup** olive oil (blend)

Kosher salt and finely ground pepper Xanthan gum to taste (optional)

Directions

- 1. Brush pineapple rings with oil on both sides and grill until golden brown and almost cooked through, 3-4 minutes on each side
- 2. Remove from grill and small dice
- 3. Place diced pineapple in a large bowl and add green onions, bell peppers, lime juice, jalapeno, cilantro and oil
- 4. Season with salt and pepper

Chef Colby Newman graduated from Scottsdale Culinary Institute where he went on to study under one of the most successful Italian Chefs, Lidia Bastianich. After working in a small farm-to-table restaurant in Kansas City, Chef Colby continued his career in West Texas where he became the Executive Chef of Amarillo Country Club. He discovered a love for working in the private club sector which brought him to Michigan where he has been the Executive Chef of Grosse Pointe Yacht Club since 2017. Chef Colby lives in Grosse Pointe with his beautiful wife and 2-year-old son and loves being a part of such a wonderful community.

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In our attempt to keep our customers safe by following the State's COVID guidelines, our capacity will be limited to 50%. We recommend that you call ahead so we can guarantee your reservation. For more information please visit our Facebook page.

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JULY-AUGUST 2020 | GROSSE POINTE MAGAZINE









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Hours: Mon 4-10pm; Tues-Sat Noon-10pm Web: www.littletonyslounge.com



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115 Kercheval, Grosse Pointe Farms • (313) 924-5459 or (313) 821-4389

We are so grateful that we were able to be here for our community over this time and of course we are incredibly grateful that you were so supportive of us. We couldn't have made it through this time without you all! Now let's get back at it! We are excited to announce that on Monday, June 8th we will be resuming regular business hours and reopening our dining room at 50% capacity. We are happy to inform you that our patio will be open as well. As recommended by the health department, we strongly encourage everyone to wear a mask any time you are not seated at your table. If there is a wait, we will take your name and phone number and call you when your table is ready. You may wait in your car or take a walk until we call. Please be patient with us... all of this is brand new territory for everyone in the restaurant and bar business. Carryout and curbside take out will continue to be available. If the lines are busy please keep trying... we're assisting other guests.

Hours: Daily Mon-Fri 11am-1am (Kitchen closes at midnight); Sat 9am-1am (Kitchen closes at midnight); Sun 9am-10p (Kitchen closes at 10pm) Brunch Sat & Sun only 9am-2pm Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its seventh year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including panseared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here!

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Your host, Mike LeFevre

VISA

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Photo by Donald Schulte

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POINTE | paparazzi

Commander's Ball* Jan. 18 @ Grosse Pointe Yacht Club

Photos by Christine M.J. Hathaway

* Grosse Pointe Power Squadron



Captain Brian Eickel and Commander Joan McCarron



Gary and Kathy Marowske



Commander Joan McCarron, Michael Babiatz and Rose Stano



Chet and Natalie Dunbar



Jim Hooper, Linda Weiser and Tana and Chris Jenkins



Bill and Rose Stano

Annual Chamber Dinner* Jan. 30 @ The War Memorial

* Grosse Pointe Chamber of Commerce



George McMullen, Olga Tecos and Cynthia Douglas



Tomasine Marx and Joe Hebeka



Jessica Kaminski, Claudia Corrado and Brooks Hoste



Jim and Elaine Farquhar



Valerie Kindle and Allison Mourad

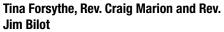


Debbie Wright, Rick Muzingo, Kathleen Conway, Linda Finger and Amy Muzingo

POINTE | paparazzi

St. Paul Auction Feb. 1 @ Grosse Pointe Yacht Club







Ava Lux and Tom Schoenith



Emily Wilson, Amy Peterson, John Wilson and Antoinette Switoski



Chris Murphy and Andrea Powers



Maureen Conway Hanawalt, Therese Schueneman and Jackie Luke



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Kathleen Conway and Maureen Wright



Veronica and John McAtee and Paul and **Amy Padusky**



J.J. and Christine Conway

Photos by Don Schulte Photography

GPAAS adoption efforts thwarted by pandemic



o say Grosse Pointe Animal Adoption Society (GPAAS) is feeling the effects of the shutdown would be an understatement.

66 In 25 years of

serving the Grosse

Pointes and Harper

Woods, we have

never been in such

a difficult position

due to these

unprecedented

times. **99**

"In 25 years of serving the Grosse Pointes and Harper Woods, we have never been in such a difficult position due to these unprecedented times," says GPAAS founder and executive director Corinne Martin.

"We have been shut down for three months," says Martin. "Now that we are reopening slowly, we are

talking to people on the phone, doing Zoom conferences, taking applications and setting up private meeting times so that we can stay within recommended guidelines. This has been a struggle and

By Anne Erickson

has kept adoptions to a minimum at best."

Not only have adoptions slowed, but GPAAS was forced to cancel its annual

spring fundraising event, "Gimme Shelter."

"We rely on this fundraiser for funds to support the animals," says Martin. "We have no idea when we will be able to plan any fundraisers."

Because GPAAS relies solely on adoption fees and public donations from fundraisers like "Gimme Shelter," revenue has come to a halt.

"We were blessed with this beautiful new building this February, but we need great support to be able to hang on until times when we can open to public adoption showings and host fundraising galas," says Martin. The Thomas A. Mackey Animal Adoption Center offers a unique public space for people to look for their forever pet. It opened on Feb. 12, just five blocks from the longstanding Grosse Pointe Animal Adoption Society Shelter. But due to COVID-19 restrictions, it was forced to close to the public on March 15.

"For three Saturdays, we were busy adopting out multiple cats and dogs," says Martin. "People were very excited about it. We know that can happen again."

Today, the organization and the animals who depend upon it are in dire need. "I personally have worked with 10,000 animals in my 30 years," Martin says. She doesn't want that work to end.

To donate, visit www.gpaas.org and click the 'Donate' button, or send a check. 9

Below, middle: Corinne Martin, left, accepts a donation for GPAAS from Judy Bedwell, in memory of Bedwell's partner, Bernice Miechle.



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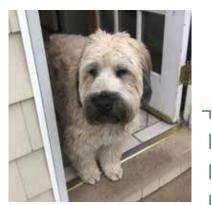






Beau

Meet Beau! He's an adventurous little Aussie who loves long hikes in the snow. He is seen here hiking to an ice cave in the U.P.



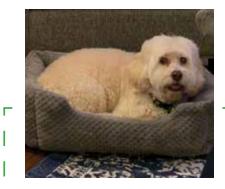
Oscar

Oscar lives in the Farms. He enjoys the dog park, walking through the neighborhood and his neighbor, Judy.



In Memory of Chester

"We miss you." — Mark, Jennifer, Emily, Hannah and your cat brother 'Ivan'



Brinkley

Brinkley is a spry 15-year-old Bischon and Cocker Spaniel mix. He loves cuddling and pizza crusts!



Bubbles Bubbles, left, with cousins Candy Bear and Molly playing cards in Grosse Pointe Woods



Daisy

Daisy is a 7-year-old Soft Coated Wheaten Terrier who enjoys napping, dinner time and outdoor zoomies. Squirrel hunting is also a favorite pastime. Daisy allows Kathleen Train and Jay Bonnell to live with her at her home in Grosse Pointe Park.



In Memory of Cricket

The GPAAS rescue passed in January 2020. "We miss our little 'Crikey.'" — David and Sharon Price of Grosse Pointe Park



Ravello Reno

Ravello Reno, 2, lives in Grosse Pointe with his mom Carol and travels everywhere with her!



Frida & Fitzgerald

The brother and sister, 5 years old, were adopted from the Michigan Humane Society. They enjoy cuddling up with each other or finding a spot in the sun to nap.



Oreo & Olive "Umm, you're in my spot!" – Oreo (rescue kitty) and Olive the Other Reindeer (Havanese)



Penny & Nigel

Both rescues, Penny is from the Michigan Humane Society and Nigel is from I Heart Dogs Rescue and Animal Haven. They live with Julia Korte and Nora, 2, in the Woods.





Ellie loves playing dress up with her human sisters, Olive and Hazel.



Zoe, a Maltese/Papillon, may be 11, but she acts like a puppy. She lives for treats and people food!



Rufus

Sir Rufus MacFeisty, a 9-year-old Westie of Grosse Pointe Farms, loves to guard his house and go on very long walks. Every morning, Rufus has a bowl of watermelon before his kibble is ready. He can often be spotted at Morning Glory.



Frankie This is Frankie. She rocks a pretty cute mustache!

Meet **Maggie**

Is Maggie a couch potato, watch dog or lover? Maltese were bred to be companions, and Maggie excels at just being there for her people. What's the most mischievous thing Maggie has done?

She likes to go next door and look in the neighbor's window while they are eating breakfast.

How does she show affection? She gives "stealth" kisses. What is her biggest pet peeve? Being "booped" on the nose NameMaggieAge10CityGrosse Pointe WoodsBreedMostly Maltese, possibly someShih Tzu and even a little PoodleParentsSusan Bollinger & Randy WolcottSiblingsSara (cat) & Wyatt (horse, lives
at Windermere Equestrian Center)

Maggie's Favorites

Treat Chicken Place to relax On the sofa with her people Place to walk All around Grosse Pointe Woods and on the trails at Belle Isle Toy A squeaky stuffed pickle — and any cat toy she can find Activity Going for walks and "off roading" (walking on the grass)

About Maggie

Maggie was found by Michigan Humane Society cruelty investigators in an abandoned house in October 2019. She came to us as a foster in November, and in December we officially adopted her. Her perfect manners and unequivocal love for people tell us she once had a doting and happy home, but something went wrong. We are grateful for the team at the Michigan Humane Society for finding her, investing in bringing her back to good health, and, of course, allowing us to adopt her. We intend to bring Maggie all the joy she deserves in her golden years.

To learn more about fostering, adopting or donating to the Michigan Humane Society, visit www.michiganhumane.org.

Warm weather dangers for pets

Dr. Jennifer Khalifah

he warm weather is finally here, and it's time to get back outside with your pets! With these hotter temperatures, however, there are also some dangers.

Heat stroke (hyperthermia) is an elevated body temperature and can be life-threatening. It is caused when a pet is left outdoors in hot, humid conditions without adequate shade, left inside a



vehicle without adequate ventilation or even exercising in hot weather. If you think your pet has heat stroke, remove them from the hot environment and seek veterinary care immediately.

Many dogs enjoy swimming, but not all dogs know how to swim! If you have a pool, make sure your dog knows how to get out of it. Use caution if your pool has a cover, and make sure your pet is supervised when in or near the pool.

Mosquitos are not only pests for humans, but can cause heartworm disease in dogs. A simple blood test is recommended annually to test for heartworm and heartworm prevention is also recommended. Fleas and ticks are also a problem and can spread disease, including Lyme's Disease. As with heartworm disease, a simple blood test can screen for such diseases, and flea and tick preventatives are recommended.

Finally, with summer also comes fireworks. Anxiety caused by fireworks can be extreme for some pets. Talk to your veterinarian about the many different options which are now available to help keep your pet calm.

Be sure to get outside and enjoy some beautiful Michigan weather while keeping you and your pets safe!

Dr. Jennifer Khalifah graduated from Michigan State University in 1997. She joined Harper Woods Veterinary Hospital in 2016.



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Registration: 7:00 a.m. - 8:30 a.m.

1 Mile Fun Run starts at 8:30 a.m.
5 and 10K <u>Run starts</u> at 9:00 a.m.

Registration online at: www.GrossePointeRun.com

Last Name:	First Name:					VITALS Sex
Address:						M F
City:			State:	Zip:		Date of Birth //
Telephone:	E-M	lail:				MM DD YYYY
TECH T-SHIRT SIZE: Children: Med Carge C Adult: Sm Med Large C	X-Large 🗖 XX-	Large 🗖	EVENT: 10K Run 5K Run 5K Walk 5K Wheelchai 1-Mile Fun Ru		 Virtual 10K Run Virtual 5K Run Virtual 5K Wall Virtual 5K Whe Virtual 1-Mile F 	c elchair
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NOTE: ALL PARTICIPANTS MUST WEAR A TAG TO BE SCORED • 1 MILE FUN RUN IS CLOCK TIMED

Waiver / Release

I, the undersigned, acknowledge, agree and understand that utilizing City of Grosse Pointe Farms roadways and surrounding park areas is hazardous and may result in injury to me or others. Further, in consideration of the permission to be given to utilize the facilities and premises, I agree:

To assume all risk of injury incurred or suffered while on and/ or upon the premises of the City of Grosse Pointe Farms;

To release and agree not to sue Grosse Pointe Rotary – Sunrise, its agents, servants, associates, employees or anyone connected with the Grosse Pointe Run for any claims, damages, costs or cause of action which I may in the future have as a result of injuries or damages sustained or incurred while on and/ or upon the premises of the City of Grosse Pointe Farms.

I hereby irrevocably grant the parties associated with this event the right to use my name, likeness, as well as photographs, video/audio recordings, quotations, and digital images of me, related to this event without compensation to me.

I hereby acknowledge that I have read and understand the foregoing. Signature (required)

(Legal Guardian signature if under 18 years of age)



Grosse Pointe Congregational Church

) UNITED CHURCH OF CHRIST 🐬

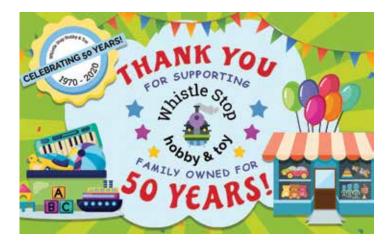
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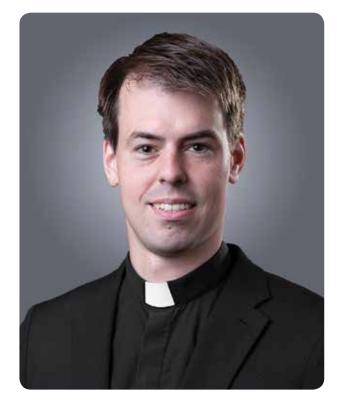
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North graduate assigned to St. Paul on the Lake



ather Colin Fricke, 33, a graduate of Grosse Pointe North, is returning to his

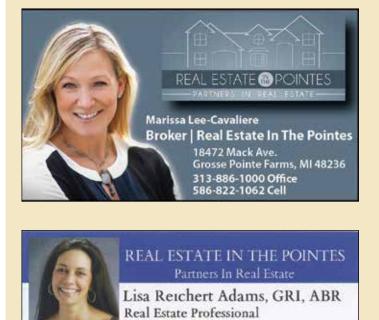
roots.

After graduating from Sienna University in 2009, he was hired as a teacher at Our Lady of Mount Carmel School in Wyandotte. It merged with two other Catholic schools to form John Paul II Catholic School. He taught there for three years before entering seminary.

The Institute for Priestly Formation in Omaha, Neb. helped him discern his vocation, as did a pilgrimage to the Holy Land and a 30-day silent retreat.

His first assignment as a priest will be at St. Paul on the Lake Catholic Church in Grosse Pointe Farms.

Contributed by St. Ambrose Parish Bulletin, The Beehive



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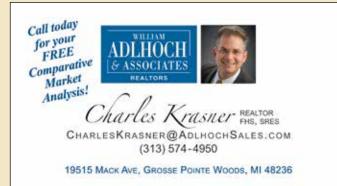
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POINTE | feature



Chamber celebrates the strength of Grosse Pointe and alters Legacy on the Lake

t's been a turbulent 2020, but through it all, Grosse Pointe remains steadfast. In that spirit, the Grosse Pointe Chamber of Commerce has launched #GPSTRONG (Grosse Pointe Strong), an uplifting initiative with signs around town promoting local and small business support.

"#GPSTRONG represents Grosse Pointe's strong businesses and strong community," says Jennifer Boettcher, president of the Grosse Pointe Chamber of Commerce and Grosse Pointe Chamber Foundation.

To get involved, people can showcase a sign in their yard or window to show their support. Another way to help, of course, is by supporting local businesses.

"Now, more than ever before, our businesses need the community's financial support so they can keep their doors open," Boettcher says.

Donations for the signs are appreciated. The funds help the Chamber offer free reopening signage for businesses.

Boettcher says it's inspiring to see how

By Anne Erickson

residents have supported each other throughout the coronavirus (COVID-19) pandemic.

"The inspiring, beautiful acts of kindness have been contagious," she says. "The unifying act of humanity reminds us that we are all in this together and together is the only way

Now, more than ever before, our businesses need the community's financial support so they can keep their doors open. 99 we'll get through it." Unity has also been evident in the community's response to recent injustice against the Black community. The Chamber issued this statement: "The Grosse Pointe Chamber stands in solidarity with the Black

community in the fight against systemic racism and injustice — we hear you, and we support you. Our community is engaged and we are encouraged by the dialogue and voices uniting against racism, making it unequivocally clear that Black Lives Matter ... We must open our minds, our ears and our hearts to every voice in our community, so we can move forward, together, to make Grosse Pointe a better place."

The Chamber, again, illustrates what

it means to be #GPSTRONG.

Legacy, reimagined

In a year without many events, the Chamber is looking forward to its annual Legacy on the Lake event, which will celebrate the legacy of the business community. While the event is still a go, it will be different than in past years, due to COVID-19.

"We will not be having our big gala at Ford House this year but instead will offer our guests and supporters dinner kits," Boettcher says. "There will be options from a dinner party for 10 held in a private residence with a chef and waiter on site, china, flatware and glassware, passed appetizers and a four course dinner paired with wine to a dinner kit for two."

Details are available via www. grossepointechamber.com. Proceeds from this year's event will go towards supporting local, small businesses.

There's a lot to love about Grosse Pointe, but what most heartens Boettcher during these rocky months is, "the people and the positive things that happen when the community bands together."

From left, Betsy Enders and Kasey Malley of Small Favors; Piper Gotfredson; Henry Snyder Photos courtesy of GPCC



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